Hackney

Health in Hackney Scrutiny Commission

Item No

12th February 2024

5

Embedding Anticipatory Care in City and Hackney

PURPOSE

To receive a briefing on the Anticipatory Care programme in City and Hackney. Anticipatory Care (AC) is a key component of the national Ageing Well Programme. It is a proactive approach to healthcare and support designed to cater to individuals of all ages who are living with frailty, multiple long-term conditions, and/or complex needs.

OUTLINE

The primary goal of AC is to help these individuals maintain their independence and health for as long as possible, whether they are at home, in a place they consider home, or within their local community. Locally the Anticipatory Care Pathway is delivered by a Physiotherapist, Occupational Therapist and team of Care Coordinators. The team works at PCN level, in collaboration with ACRT (Adult Community Rehabilitation Team) at Homerton and see patients who have mild to moderate frailty.

The concept is that Anticipatory Care should aim to support people with rising needs before they develop into more complex health and care needs, avoiding the need for more reactive and intensive care interventions in the future. The scheme was able to demonstrate the impact it is having through case studies. The scheme has been budgeted at £242k per annum and includes funding for case finding with Volunteer Centre Hackney, funding for ELFT for psychological group sessions, management time, allied health professionals and administration

A Briefing Note is TO FOLLOW

Attending for this item will be:

Joel Reynolds, Head of Adult Community Rehabilitation Team, Homerton Healthcare.

ACTION

The Commission is requested to give consideration to the report.